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HARISHVAR GANESH | 2020/11/07 10:00 AM | CHENDA SENSATIONS | KANSUUN

A TRANCE
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CHEENDA SENSATIONS



HARISHVAR GANESH



“THE CHENDA

IS A CYLINDRICAL DRUM COMMONLY USED
IN THE SOUTH INDIAN STATE OF KERALA.
THE HEADS OF THE DRUM ARE MADE OF
SEVERAL LAYERS OF COW SKIN TO
GIVE IT A UNIQUE SOUND.





WHEN PLAYING THE CHENDA, THERE ARE CERTAIN "KAALAMS" THAT ARE MAINTAINED, A TERM ALSO KNOWN AS "SPEEDS" OR "BEATS PER SECOND." IN ORDER TO CORRECTLY EXECUTE THE TRADITIONAL BEATS THAT HAVE BEEN PLAYED ON THE CHENDA FOR CENTURIES, ONE MUST LEARN TO ATTAIN A CERTAIN LEVEL OF FOCUS.





AFTER PLAYING CHENDA FOR TEN YEARS NOW,
I STILL DON'T BELIEVE I'VE REACHED THE
LEVEL OF FOCUS REQUIRED TO MAKE NO
MISTAKES. HOWEVER, THE PROGRESS I'VE MADE
OVER THE YEARS HAS TAUGHT ME WAYS TO
REALLY CHANNEL DEEPER MEANINGS AND
GO INTO A MEDITATIVE TRANCE.

PLAYING CHENDA TO ME IS REALLY NOTHING BUT ANOTHER FORM OF MEDITATION. WHEN I START PLAYING, I FEEL LIKE I LOSE MYSELF IN THE BEATS. ALTHOUGH I MAKE A COUPLE MISTAKES HERE AND THERE, I ALWAYS FEEL AT HIGHER LEVEL OF CONSCIOUSNESS AFTERWARDS."

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KAHSUUN

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